



# COONARA COMMUNITY HOUSE

Course & Activity Guide  
Term 2 2026



## Open Times

9am - 4pm  
Monday - Friday

## Get In Touch

(03) 9758 7081  
[enquiries@coonarahouse.org.au](mailto:enquiries@coonarahouse.org.au)  
[www.coonarahouse.org.au](http://www.coonarahouse.org.au)

## Address

22 Willow Road,  
Upper Ferntree Gully VIC 3156

# School Holiday Activities



## Disco Dance & Games Party

*For children aged 2 - 6 but not limited*

Get ready to move and groove at our school holiday Disco Party! With upbeat tunes, fun dance games, and loads of energy, it's a super fun party for little movers. Dress up, hit the dance floor, and get ready for non-stop fun!

**Wednesday 10.30am - 11.30am**

**15th April**

**Cost: \$18**

## Build It with Tas - School Holiday Workshop

*For children aged 8+*

Calling all young builders! Join Tas, our in-house carpenter, at another hands-on woodworking workshop where you will get to make a simple project. The project will be discussed in class.

**Tuesday & Wednesday**

**10.00am - 12.00pm**

**14th & 15th April (2 sessions)**

**Cost: \$40 (includes all materials)**

## Learn Local Endorsed Courses

Coonara Community House is proudly a Learn Local provider. We can help you get the skills you need for study, work and life. All Learn Local courses are funded by Adult Community Further Education. Eligibility criteria apply.

# Education

## Business & Work Skills

### Basic Accounting Skills & XERO

Xero is an online cloud accounting software, which means it's accessible through the internet rather than physically installing it on your computer. You will learn basic accounting skills and how to use Xero. Topics will include:

- Accounts receivable
- Accounts payable
- Reconciling
- Producing invoices
- Credit notes
- Purchase orders & BAS

### Online only

**Mondays 7.00pm - 9.00pm**

**27th Apr - 22nd June (8 weeks)**

**No class on 8th June**

**Cost: \$60**

### Face to Face Classes

**Mondays 9.30am - 12.00pm**

**4th May - 15th June (6 weeks)**

**No class on 8th June**

**Cost: \$60**

**Wednesday 6.00pm - 8.30pm**

**13th May - 17th June (6 weeks)**

**Cost: \$60**

### XERO Payroll - Online only

This course will help you understand how to set up and process payroll in XERO.

This course is generalised in nature.

**Wednesdays 7.00pm - 9.00pm**

**6th & 13th May (2 weeks)**

**Cost: \$45**



## Stepping Into Work: Building Skills through Volunteering and Administration

NEW

Build confidence, develop practical administration skills, and explore volunteering as a supportive first step toward employment and workplace readiness. Suitable for anyone returning to work, exploring a career change, considering volunteering for the first time or increasing their commitment.

What you will gain:

- Build confidence returning to work or starting something new
- Learn practical administration and communication skills used in many workplaces and volunteer roles
- Discover how volunteering can help you gain experience and move toward employment
- Guidance to explore and begin a volunteering opportunity in your community

**Tuesdays 9.30am - 1.30pm**  
**5th May - 16th June (6 weeks)**  
**No class on 19th May**  
**Cost: \$80**

*Online joining option available*

## Exploring Creative Industries to Start a Microbusiness

Are you looking to start a small business and would like some ideas on the types of products you could create and sell? Join us for an informative and practical workshop series where we will explore:

- Natural body products
- Simple jewellery making
- Specialised candle making

NEW

Each week will include an information session, a demonstration, hands-on practice and tips on making each one cost effective and ready for sale.

**Thursdays 10.00am - 2.30pm**  
**21st May - 4th June (3 weeks)**  
**Cost: \$80**

## Introduction to Peer Work/Study in Mental Health Industry

Statistics show 30% of us suffer from Mental Health. How do we recognise and support each other? Join us for a 5 week workshop designed to empower individuals with lived experience in mental health to explore the world of peer support. In these sessions participants will explore:

- Fundamental principles of mental health peer support
- Gaining insights into the impacts of mental health
- The importance of informed care
- The value of volunteering
- The journey of recovery

**Tuesdays 10.00am - 1.00pm**  
**12th May - 9th June (5 weeks)**  
**Cost: \$60**

**Tuesdays 6.00pm - 8.30pm**  
**12th May - 9th June (5 weeks)**  
**Cost: \$60**

*Online joining option available*

## Life Ready Skills Program

Join this course to learn about communication skills, customer service skills, OH & S and food safety. You'll also learn how volunteering can be a great way to gain experience.

**Thursdays 10.00am - 2.00pm**  
**7th May - 18th June (7 weeks)**  
**Cost: \$80**

## Introduction to Hospitality with Oddie

Discover the skills needed to work in the hospitality industry. You will gain knowledge and experience in areas including food handling, preparation and cooking, safe food practices and more.

NEW

**Tuesdays 9.30am - 1.30pm**  
**28th Apr - 16th June (8 weeks)**  
**Cost: \$80**



## Introduction to Domestic & Commercial Cleaning

This course is designed to provide skill development in a range of cleaning activities. You will be learning from an experienced cleaning business owner and trainer who will introduce you to cleaning methods, tools and workplace health and safety principles. This course could be informative and valuable in helping you decide if a cleaning career is right for you.

**Mondays 9.30am - 12.00pm**

**Register your interest for Term 3**

## Introduction to Barista/Hospitality

Learn how to use a commercial coffee machine to make all types of coffee. You will also learn the skills needed to work in hospitality including taking orders, serving customers, OH & S and food handling practices.

**Mondays 9.30am - 11.30am**

**4th May - 15th June (6 weeks)**

**No class on 8th June**

**Cost: \$65**

# Computers & Technology



## Computer Skills to Return to Work

Learn the basics of Microsoft Word and Excel in this practical course where you will gain confidence to return to work.

**Thursdays 9.30am - 12.00pm**

**14th May - 18th June (6 weeks)**

**Cost: \$60**



## Computer Skills For The Timid

**NEW**

This course helps students understand the basics of digital devices. Topics covered include:

- Navigating and using the internet, Google and Youtube
- Local storage vs online storage
- Using messages and email
- Basic security and staying safe online
- Communicating across devices such as getting photos from your smartphone to your computer

**Wednesdays 9.30am - 12.00pm**

**13th May - 17th June (6 weeks)**

**Cost: \$70**

## Computer - Next Step

In this course you will extend your understanding of technology and how we can use devices to connect with others and access services. We will cover:

- Your digital identity and how to keep it safe
- Software (free, paid and subscriptions)
- Using Google and Youtube to answer your questions
- AI - what it is and how to live with it

Prerequisite: A basic understanding of computers.

**Wednesdays 12.30pm - 3.00pm**

**13th May - 17th June (6 weeks)**

**Cost: \$70**

## Introducing AI for Marketing

**NEW**

Discover how artificial intelligence (AI) is transforming marketing in this beginner-friendly session. Learn how to create content, write better messages, and save time using simple AI tools like ChatGPT. No technical skills needed - just practical, hands-on techniques you can use immediately for business, community work, or personal projects.

**Tuesdays 6.00pm - 8.00pm**

**5th & 12th May (2 weeks)**

**Cost: \$40**

*Online joining option available*

## CAD for Absolute Beginners

NEW

CAD or Computer Aided Design has been around since the start of the 90's. Powerful computers were needed to run the CAD program and the program itself was very expensive. The program we will be teaching is a FREE program and will run on Windows & MAC. You can use CAD to design a building, extension/renovation or garden.

**Thursdays 6.00pm - 8.30pm**  
**7th May - 28th May (4 weeks)**  
**Cost: \$50**

*Online joining option available*

## PowerPoint & Excel Skills for Work

NEW

Learn to create polished, professional presentations in PowerPoint by designing slides, adding visuals, and using simple animations to communicate your ideas effectively. You'll also build essential Excel skills, including managing workbooks, using basic formulas, and creating charts. Get ready to unlock the full potential of PowerPoint and Excel with ease and confidence!

**Tuesdays 6.00pm - 7.30pm**  
**19th May - 9th June (4 weeks)**  
**Cost: \$50**

*Online joining option available*

## Windows versus Linux - Time to accept or time to change

NEW

We are frustrated with Windows 11. We are constantly forced to upgrade, running costs are high, forced to pay per month. Creeping up AI built into windows, you are no longer in control of your own machine. There is a FREE and PRIVATE alternative: Linux. You can rebuild your machine to be as good as new and work with free alternative programs.

**Thursdays 9.30am - 12.00pm**  
**4th & 11th June (2 weeks)**  
**Cost: \$45**

## Starting a Microbusiness for Makers

Do you want to convert your hobby to an income? This introductory course will help you gain the skills and knowledge to set up and start running a microbusiness (Sole Trader). This course covers:

- Defining your business purpose, mission, vision and goals
- Business requirements and registration
- Managing financials and setting pricing
- Building an online presence through websites and social media
- Marketing your business via digital platforms

### Term 3

**Wednesdays 6.00pm - 8.30pm**  
**29th July - 2nd Sept (6 weeks)**  
**Cost: \$80**

*Online joining option available*

## LibreOffice

Looking for a powerful, free alternative to Microsoft Office? Then look no further than LibreOffice - available on Windows, Mac and Linux operating systems!

In this course, you'll explore its range of applications for document creation, spreadsheet management, presentations and more. By the end of the course, you'll be equipped with the skills and confidence to take full advantage of LibreOffice's features so you can confidently transition away from Microsoft Office.

Please note the database application will not be covered in this course but please register your interest for a future session.

**Thursdays 1.00pm - 3.30pm**  
**14th May - 18th June (6 weeks)**  
**Cost: \$60**

**Thursdays 6.00pm - 8.00pm**  
**14th May - 18th June (6 weeks)**  
**Cost: \$60**

## Digital Defence - Your guide to safer browsing

NEW

In this course, you will learn how to recognise and deal with scams whilst learning how to avoid being scammed.

Topics include:

- Digital identity
- Cyber security awareness
- Email threats, phishing/spear phishing
- AI & cyber threats
- Protecting against malware
- Managing passwords

**Thursdays 10.00am - 12.30pm**

**7th - 28th May (4 weeks)**

**Cost: \$50**

*Online joining option available*

## Design & Textile Skills



photo from 'Upcycle Textiles'

## Learn to Sew - Beginners & Returning Students

Our trainer Effie, has 30 years of experience in all aspects of the clothing industry. She will gently guide you to learn new skills with your sewing machine to create a simple skirt.

Material list will be given on enrolment.

**Tuesdays 1.00pm - 3.30pm**

**28th Apr - 16th June (8 weeks)**

**Cost: \$80**

## Learn to Sew - Next Step

Our trainer Effie, will teach you how to make clothing with confidence. This term the focus will be on knit fabrics. Learn new techniques, pattern placement and more to create a garment of your choice.

Material list will be given on enrolment.

**Wednesdays 9.00am - 12.00pm**

**29th Apr - 17th June (8 weeks)**

**Cost: \$80**

## Read a Pattern: Intermediate Sewing Skills

This term we will be reinforcing existing skills to help students gain confidence to become independent sewers.

Material list will be given on enrolment.

**Wednesdays 12.30pm - 3.30pm**

**29th Apr - 17th June (8 weeks)**

**Cost: \$80**

## Upcycle Textiles - Beginners Sewing Class

Our tutor Effie, will gently guide you through the basic function and handling of your sewing machine to create your very own lined bag.

Sewing machines and overlockers provided.

Material list will be given on enrolment.

**Mondays 1.00pm - 3.30pm**

**4th May - 15th June (6 weeks)**

**No class on 8th June**

**Cost: \$60**

## Introduction to Working with Tools & Woodwork

Tasman will help you to create simple woodwork projects like garden benches and planters, using recycled pallets and woods. Sustainability at its best. You will be able to take home your creations.

**Mondays 12.30pm - 3.30pm**

**4th May - 15th June (6 weeks)**

**No class on 8th June**

**Cost: \$70**

## Introduction to Watercolours: Beginners

This class will introduce you to some easy techniques and skills to begin painting! We will learn about different materials, how to use them and how to care for them to get the most out of them and be successful in your artistic journey. You'll learn how to create paintings using simple brush and colour mixing skills that will help develop your artwork and confidence going forward as a beginner artist.

A 'to bring list' will be given on enrolment.

**Beginners & New Students**  
**Tuesdays 1.00pm - 3.30pm**  
**28th Apr - 16th June (8 weeks)**  
**Cost: \$70**

## Introduction to Watercolours: Intermediate

In this course, we will be putting the skills from the beginner class into practice by further developing brush techniques and learning how to paint more challenging subjects. Drawing skills will also be explored in more depth.

A 'to bring list' will be given on enrolment.

**Returning Students Only**  
**Tuesdays 9.30am - 12.00pm**  
**28th Apr - 16th June (8 weeks)**  
**Cost: \$70**



## Literacy Education



### Jumpstart Playgroup

An interactive, hands on and relaxed playgroup for parents and children. Parents are encouraged to interact and explore their own learning needs in relation to their roles as teachers of their children.

**Mondays 10.00am - 12.00pm**  
**4th May - 22nd June (7 weeks)**  
**No class on 8th June**  
**Cost: \$80**

### Turning your Writing to Manuscript

This course is best suited to continuing learners who have completed the Introduction to Creative Writing course. However, new learners are also welcome to join as there will be opportunities to review topics from previous terms. Learners will continue organising and refining their writing portfolios and making decisions about content selection for submission to class projects. Learners will explore: the four stages of writing, self editing, using submission guidelines, using Google Drive, formatting submissions, and working with a creative brief. Learners will also practise giving/receiving feedback and practise their performance skills. This is a practical course for writers who intend to submit their writing for publication.

**Thursdays 10.00am - 12.30pm**  
**30th Apr - 18th June (8 weeks)**  
**Cost: \$60**

*Online joining option available*

## Short Courses



### Meditation to Manage Stress & Inner Peace

Stress is part of life. Regular meditation offers many benefits and is a powerful way to ease anxiety and calm the nervous system. In this class, our instructor with over 20 years' experience, will guide you through different meditation styles. Each session begins with a simple explanation followed by a relaxing guided practise. It's an accessible class for anyone wanting inner and outer balance and greater personal well-being. Participants sit comfortably in chairs, making it easy for all to join.

**Thursdays 7.30pm - 8.30pm**  
**23rd Apr - 25th June (10 weeks)**  
**Cost: \$80**

### Art Therapy using Weaving

Join a calming and creative space led by a trained Art Therapist. You will explore a variety of art including weaving and experiment with creative expression, connecting with like-minded people in a supportive and inspiring environment. You will be learning the art of basket weaving while enjoying a relaxed, supportive environment. These sessions provide a chance to unwind, experiment with natural materials, and connect with others through the rhythmic practice of weaving in a form of Art therapy.

**Wednesdays 10.00am - 12.00pm**  
**13th May - 17th June (6 weeks)**  
**Cost: \$80**



### Online Meditation for Carers

This live Zoom meditation offers Carers a gentle space to pause, breathe, and reconnect. Guided by an experienced instructor, you'll explore simple grounding techniques, stress-relief practices, and nurturing, heart centred meditation. No experience needed. More than relaxation, this class supports emotional clarity, inner peace, and resilience, reminding you that you deserve the same care you give others. Take this moment for yourself to surrender, refill your cup, and return to your day with greater strength and calm. Each person will receive an mp3 recording of the class.

**Tuesdays 7.00pm - 8.00pm**  
**21st Apr - 23rd June (10 weeks)**  
**Cost: \$80**

### Discover Art Therapy

Explore the therapeutic benefits of art therapy with Rachel. Art making can be creative, expressive and self-soothing and help our body and mind to feel calmer. It can expand awareness and bring deep insights and new perspectives to help us transform and move forward. Art therapy activities provide:

- Opportunities for self-discovery and improved self-esteem
- Space for our voice to be seen through creative art expression

No prior art experience is required.

**New & Returning Students**  
**Fridays 1.00pm - 3.30pm**  
**8th - 29th May (4 weeks)**  
**Cost: \$45**

**Returning Students Only (have completed two terms already)**  
**Fridays 10.00am - 12.30pm**  
**5th - 26th June (4 weeks)**  
**Cost: \$45**

## Sustainable Living



### Felt Workshop: Vessels

Discover the relaxing and mindful art of wet felting. You will be immersed in creative flow and learn to felt a fibre vessel made from fine merino wool and embellished with silk, mohair and yarn.

**Saturday 10.00am - 2.00pm**

**16th May**

**Cost: \$105 (includes all materials)**

**Saturday 10.00am - 2.00pm**

**13th June**

**Cost: \$105 (includes all materials)**

### Create & Explore

Have fun creating, learning new techniques and exploring existing skills such as a variety of printing, collage, stencil, eco dyeing and jewellery making.

New students are welcome.

Material list will be given on enrolment.

**Tuesdays 9.30am - 12.30pm**

**5th May - 9th June (6 weeks)**

**Cost: \$80**



### Understanding Gardening for Shaded Areas

Shade gardening offers a unique opportunity to grow beautiful plants in low-light conditions. Learn to select the best plants for shady areas, soil preparation, and care tips to ensure your shade garden thrives. Learn how to create a lush, green space in areas with limited sunlight.

**Saturday 10.00am - 12.30pm**

**13th June**

**Cost: \$30**

## Health & Wellbeing



### Building Immunity Workshop - Winter is coming, are you ready?

As the colder months approach, it's time to think about how we can build a strong, natural defence against the colds and flu that tend to pop up. Join us for an empowering 2 hour workshop where you'll learn how to harness the power of plant-based medicine and essential oils, to support your immune health and wellness! You'll discover:

- Natural ways to build immunity
- A powerful home remedy tea
- The ultimate natural antibiotic drink
- Essential oils that cleanses germs and toxins from your home
- DIY natural medicine cabinet to fight off illness

You will get to try the teas/drinks and recipes will be provided. Let's get ready for the season ahead with the healing power of nature!

**Saturday 10.00am - 12.00pm**

**30th May**

**Cost: \$47 (includes materials)**

### Chair Yoga

Chair yoga is all about gentle, slow body movements while seated in a chair. Facilitated by Cara who will go through a sequence of yoga moves at a manageable pace. Wear comfy clothing and BYO drink bottle.

**Fridays 11.30am - 12.30pm**

**1st May - 19th June (8 weeks)**

**Cost: \$120**

## Yoga

Join the guided yoga sessions with Nat. She will guide you in Hatha Yoga and finish with meditation. *BYO yoga mat.*

**Fridays 9.30am - 11.00am**

**1st May - 26th June (9 weeks)**

**Cost: \$135**

## Qi Gong for Immune Health

Rhythmic flowing movements of Qi Gong gently open and stretch the muscles, improving balance and coordination. Coordinating breath and movement, Qi Gong is a moving mindfulness meditation which releases tension and stress. In this term, we will focus on supporting the immune system and preparing for the winter ahead, as well as a short form called Five Element Flow, which reinforces harmonious flow of Qi (energy).

**Mondays 6.00pm - 7.00pm**

**4th May - 22nd June (7 weeks)**

**No class on 8th June**

**Cost: \$108.50**

## Sound Bathing

One of the most effective ways to relax and manage stress is by listening to specific frequency sounds. Join us for a deeply soothing experience with sound therapy. Crystal singing bowls can transform our brainwave patterns through their resonant tones, guiding us into a state of profound relaxation. Our qualified sound therapist will guide you through a journey of sound as you practice stillness and surrender. Music and sound will penetrate all levels of your being, fostering deep relaxation and promoting both mental and physical restoration. For added comfort, please bring a yoga mat, cushion, and throw blanket if you wish.

**Thursdays 6.00pm - 7.00pm**

**23rd Apr - 25th June (10 weeks)**

**Cost: \$155**

## Flow Chi - Move Your Chi

Flow Chi is a holistic body-mind practice that blends mindful breathing, gentle meridian, body tapping, stretching, and smooth flowing movements, finishing off with a gentle meditation to encourage a natural sense of vitality and ease. This simple movement & stillness practice helps support balance in the body, calm the mind, and uplift the emotions, promoting an overall sense of well-being. A simple, nurturing guided practice suitable for all ages and abilities, Flow Chi offers a peaceful way to clear your energy and enhance your mood.

Please wear loose comfortable clothing and bring a yoga mat and water bottle.

**Tuesdays 10.00am - 11.00am**

**5th May - 23rd June (8 weeks)**

**Cost: \$124**

## Tapping for Everyday Wellbeing - Calming Your Nervous System

NEW

Learn to calm your own nervous system with a simplified version of EFT (Emotional Freedom Technique) in this easy-to-learn Tapping Solutions class. You'll be guided through a gentle tapping sequence designed to support mental and emotional balance, reduce stress, and anxiety and promote a greater sense of ease in the body. This guided practice can help you feel more supported, centred and empowered as you navigate daily challenges. No experience needed, just an open mind and the desire to feel better.

**Tuesdays 11.30am - 12.30pm**

**19th & 26th May (2 weeks)**

**Cost: \$60**

**Register your interest for an evening session**

## Serenity Retreat for Women

NEW

Life can be fast paced and stressful. We often find ourselves struggling to maintain a balance between family responsibility, work, personal life and our wellbeing. We can often neglect our physical, mental and emotional health. Why not treat yourself to some much needed serenity? Our instructor has had over 20 years in facilitation of group retreats and wellbeing classes. Join her as she gently guides you in a few short hours through some powerful nurturing practices to shift your mind and body. You will leave feeling more positive, physically energised with clarity of mind, a sense of deep calm and inner peace.

This workshop would make a great Mother's Day gift!

**Saturday 10.00am - 2.00pm**

**9th May**

**Cost: \$75**

## Cooking Classes



photo from 'Cooking with Oddie'

### Food Preparation & the Art of Serving

Learn from our experienced Chef Oddie the art of creating a meal and plating to serve.

NEW

**Fridays 9.30am - 1.30pm**

**22nd & 29th May**

**Cost: \$50**

### Cooking with Oddie: Indonesia Cuisine

Learn how to make Nasi Goreng, Asian style pork and vermicelli sausage rolls.

NEW

**Saturday 10.30am - 1.00pm**

**6th June**

**Cost: \$70 (includes all ingredients)**

## Cheese Making Demonstration & Tasting Workshop

Join our 90 minute cheese making demonstration where you will observe the steps taken to make a selection of delicious cheeses including halloumi, mozzarella, paneer and ricotta - all made using ingredients found in your pantry or fridge.

After the session, you will get to try Paneer curry and steamed rice.

**Saturday 5.00pm - 6.30pm**

**20th June**

**Cost: \$70 (includes cheese tasting and dinner)**

## From Spice to Cup

NEW

Learn to make authentic Indian Masala tea along with a traditional Indian snack, Pakora. Great for warming the winter chill and an immune booster.

**Saturday 9.30am - 11.30am**

**16th May**

**Cost: \$40 (includes all ingredients)**

## Workshops

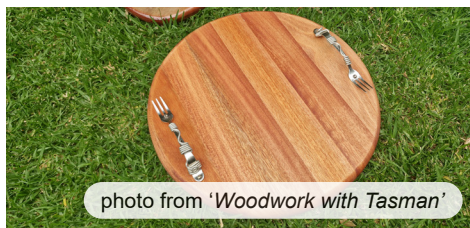


photo from 'Woodwork with Tasman'

### Sierra's Writing Class

This course analyses different books and novels to identify writing styles. Students then produce a piece of writing to develop their own creative writing skills. Some basic writing experience required.

*New students are eligible for a funded rate of \$60 for this class.*

**Thursdays 9.30am - 11.30am**

**14th May - 18th June (6 weeks)**

**Cost: \$100**

**Online only**

## Woodwork with Tasman - Returning Students

Join our qualified cabinet maker and learn to use different hand and power tools to work on specific projects. Projects will be discussed in the first class and a second project (to be decided) will be based on interest.

*New students are welcome to join at a funded rate of \$70.*

**Fridays 11.30am - 2.30pm**

**1st - 22nd May (4 weeks)**

**Cost: \$100**

**Fridays 11.30am - 2.30pm**

**29th May - 19th June (4 weeks)**

**Cost: \$100**

## Dogs in Balance: Canine Massage Workshop

Come and join our qualified Canine Myofunctional Therapist in this two part workshop on dog wellbeing. You learn how to read their bodies, identify discomfort/pain and discover how to use massage as a natural way to rebalance their bodies.

Session One (Theory - 10.00am - 12.00pm) - *no dogs*

- Identifying pain and discomfort
- Benefits and effects massage has on the canine body
- Strategies to promote good mobility and muscular health

Session Two (Practical - 1.30pm - 3.00pm) - *bring your dogs!*

- Learn how and when to use two key massage techniques

**Saturday 10.00am - 12.00pm & 1.30pm - 3.00pm**

**20th June**

**Cost: \$75**

## Upcycled Textiles & Clothing - Returning Students

This term we will be using knit fabrics to create two projects. Project one is making a T-shirt using an overlocker. Project two is upcycling old knits into a fabulous new garment in a style of your choice.

Material list provided on enrolment.

**Mondays 9.30am - 12.30pm**

**27th Apr - 22nd June (8 weeks)**

**No class on 8th June**

**Cost: \$120**

## Information Sessions

### Wills & Powers of Attorney

NEW

Join the Eastern Community Legal Centre for an information session introducing Wills and Powers of Attorney.

The session will cover:

- Our rights as we get older
- Substitute decision making - including Enduring Powers of Attorney and Medical Treatment Decisions
- Wills
- Challenges to deceased estates
- Family care arrangements

If you know someone who cannot make this session, further session details are available at [www.eclc.org.au/wills](http://www.eclc.org.au/wills)

**Wednesday 10.30am - 12.30pm**

**10th June**

**Cost: \$5 (includes morning tea)**

## Children's Activities



### Music & Movement with Miss Tegan

*For for children aged 12 months to 5 years old*

Come and join this fun and engaging class where children will explore music and dance! Children will also get to use props, costumes, ribbons and more.

**Mondays 9.30am - 10.15am**  
**27th Apr - 22nd June (8 weeks)**  
**No class on 8th June**  
**Cost: \$96**

### Junior Chef

*For children aged 8 - 12*

Does your child enjoy cooking? In this class, they will learn how to prepare and cook a range of dishes including mains and desserts. They will also learn hygiene / food safety practices. Participants will get to take home what they make. Places are limited.

**Register your interest**

### Introduction to Animation for Teens

*For children aged 13+*

This class explores drawing and animation using an ipad and Procreate (paid app). Participants will learn drawing techniques and the process to create a short animation from concept to final clip.

*Participants will need to bring an ipad with the Procreate app and an apple pencil.*

**Online only**  
**Thursdays 5.00pm - 6.30pm**  
**14th May - 18th June (6 weeks)**  
**Cost: \$100**

NEW

### Singing Bees

*For children aged 7 - 14*

Find your own voice in our new group singing classes for children and teens. Mila, our VCE and Rowville Institute of Art student is a formally trained vocalist who will guide children through a range of genres and vocal exercises to become confident singers. Participants will work towards a final performance for friends and families at the end of term.

**Tuesdays 4.00pm - 4.45pm**  
**12th May - 16th June (6 weeks)**  
**Cost: \$72**

### Build It with Tas

*For children aged 8+*

Calling all young builders! Come and join our hands-on woodworking workshop where Tas, our inhouse carpenter, will help you to create a special trinket box you can gift to mum on Mother's Day.

**Tuesday & Wednesday 4.00pm - 5.30pm**  
**5th & 6th May (2 sessions)**  
**Cost: \$40 (includes all materials)**

### Woodworking for Teens

*For children aged 13+*

Come and join our special woodworking class made just for teenagers. Teens will learn the basics of woodworking whilst building a project. The project is to be discussed in class.

**Tuesdays 4.00pm - 5.30pm**  
**9th & 16th June (2 weeks)**  
**Cost: \$40 (includes all materials)**

### Kids Create & Sew - Tuesdays

*For children aged 8 - 12*

This term we are making a patchwork placemat and cutlery holder.

A 'to bring list' will be given on enrolment.

**Tuesdays 4.00pm - 5.30pm**  
**5th May - 16th June (7 weeks)**  
**Cost: \$120 (includes some materials)**

NEW

NEW

## Kids Create & Sew - Wednesdays

*For children aged 8 - 12*

This term we are making a cross body bag with lining.

A 'to bring list' will be given on enrolment.

**Wednesdays 4.00pm - 5.30pm**

**6th May - 17th June (7 weeks)**

**Cost: \$120 (includes some materials)**

## The Lab

*For children aged 10 to 16*

Gaming and coding for children with high functioning Autism.

**Tuesdays or Wednesdays during school terms**

**4.00pm - 6.00pm**

**\$40 per session (\$30 concession)**

**NDIS funded \$49.91 per session**

**Register online at [www.thelab.org.au](http://www.thelab.org.au)**

## Coonara Early Learning Centre

We offer a combined 3 & 4 year old sessional kinder program and occasional care (18 months to 5 years old). For more information, call us on 9758 7081 or email [enquiries@coonarahouse.org.au](mailto:enquiries@coonarahouse.org.au)

## Social Groups

**Please contact us to book into a social group. To join a social group, a \$10 annual membership is required.**

### Coffee with Friends

A friendly social group for semi-retired and retired individuals. People from all walks of life sharing together in Coonara's historic cottage and gardens.

**Wednesdays 11.00am - 12.30pm**

### Coonara Bee Club

Contact Coonara as membership is subject to vacancies.

**2nd Wednesday of the month**

**7.00pm - 8.30pm**

**Annual membership: \$45 single or \$65 family**

## Mahjong (Western Rules)

Mahjong is a great game for all ages and has been shown to be beneficial for brain acuity, manual dexterity and social interaction. Printouts will be provided for beginners. Coffee and tea provided.

**Tuesdays 10.00am - 12.30pm**

**Starting 21st April**

**During school terms**

## Knitters/Crochets Group

Do you like to knit or crochet? Do you want to help those in need stay warm during the cold months? New knitters with experience always welcome. Materials supplied.

**Wednesdays 10.30am - 12.30pm**

**Starting 22nd April**

**During school terms**

## Community Events



### Biggest Morning Tea

Join us for a morning of togetherness as we chat and reflect on those impacted by cancer. Morning tea, Winning Wheel of prizes, a raffle and more! All funds raised will go directly to the cancer council.

**Wednesday 10.00am - 12.00pm**

**20th May**

**FREE**

### Bunnings Sausage Sizzle Fundraiser

Come and support the Coonara Early Learning Centre by purchasing a sausage or two at our Bunnings Sausage Sizzle fundraiser!

**Saturday 6th June**

**8.30am - 4.30pm**

**Location: Bunnings Scoresby**

## Community Lunch

Our kitchen volunteers prepare a low cost, two course lunch for our community. For catering purposes, booking is essential. Please contact reception the Friday before, to let us know you are attending.

**Wednesdays 12.30pm**

**Starting from 22nd April**

**Cost: \$6**

## She Connects

She Connects is a year long commitment to Women's Health and Wellbeing in the City of Knox. The project is designed to enhance women's physical, mental and emotional wellbeing through a series of community building, information sessions, health checks and interactive workshops delivered over 10 months.

**Details available on our website**

## Coonara 50th Anniversary Community Festival!

It's time to CELEBRATE Coonara is turning 50 this year! Join us for a fun filled day of history, music, food, children's entertainment, activities and fun! All are welcome to come, connect, celebrate and be part of the community spirit!

**Save the date**

**When: Saturday 7th November**

**Time: 12.00pm - 5.00pm**

**Where: Coonara Community House & grounds**

## Volunteering Expo

Join Volunteer for Knox at their FREE Volunteering Expo - their biggest event of the year! You will have the opportunity to meet and talk with 40 not-for-profit organisation stallholders. You will learn about the many wonderful causes, meet representatives and see what volunteer roles interest you!

**Friday 1.00pm - 5.00pm**

**15th May**

**Venue: Knox City Council Civic Centre (511 Burwood Hwy, Wantirna South)**



## Volunteer

These activities are part of our Coonara Volunteer Program and have additional requirements to participate. Contact us for more info.

### Growing & Propagating Food

Join other volunteers to keep our fresh food growing which is utilised for our community lunches.

**Tuesdays 9.30am - 12.30pm**

**Register Your Interest**

### Food Preparation in the Community Kitchen

Learn the skills to work in a commercial kitchen or hospitality venue. Includes learning about food preparation and safety procedures, serving, portion control, time management and preparing our weekly community lunch.

**Wednesdays 9.00am - 1.00pm**

**Register Your Interest**

## Room Hire

Looking for a space to inspire, celebrate achievements and occasions, or use as a training/work base? With a capacity for 1 - 50 guests, we have something for everyone!

To enquire or make a booking for a guided tour please give us a

Call: (03) 9758 7081

Email: [hire@coonarahouse.org.au](mailto:hire@coonarahouse.org.au)

Visit our website or follow us on social media to stay up to date with upcoming classes and news!



[www.coonarahouse.org.au](http://www.coonarahouse.org.au)



[@CoonaraCommunityHouse](https://www.facebook.com/CoonaraCommunityHouse)



[@CoonaraCommunityHouse](https://www.instagram.com/CoonaraCommunityHouse)

---

## How to Enrol

Enrolments in Coonara courses are confirmed by payment of course fees or the arrangement of a payment plan. We accept EFTPOS, credit cards, cash, direct payment into our bank account and online payment. Please contact us for more details.

---

## Refunds & Concessions

Courses require minimum numbers to proceed. If we cancel a class you will receive a full refund. If you withdraw from a class, more than 5 business days before the start date you will be eligible for a refund less a \$10 administration fee. No refunds will be issued for withdrawals made within 5 business days of the class start date.

---

## Coonara Membership

Purchasing a membership to Coonara Community House will assist us in funding our future programs and events which are always focused on the local community and its members. Memberships pay just \$10 per year to support the operation of the House. Only members are entitled to nominate for Committee and vote at the AGM.

---

## How To Get Here

Closest Bus Stop: 732 or 693 - Forest Oak Dr / Burwood Hwy  
Closest Train Station: Upper Ferntree Gully Station



We gratefully acknowledge the support of these funding bodies, peak organisations and partnerships:



Proud supporter of Volunteer for Knox, the volunteer resource centre:

